

# BEING IN BEAUTY

## SOUL RETRIEVAL



Pete Bengry has been practicing shamanism for over thirty years. His foundation has been developed following intuitive practice and trust. It is this awareness that he believes is the most influential factor that supports the work of soul retrieval. Without

sacred trust the mind can interfere and doubt what is being witnessed or sensed. In modern times soul retrieval is potentially one of the most important practices to enable true and authentic healing and growth. It is an essential gift being returned in our lives.

### Pete Bengry



Pete's African heritage has influenced his life greatly. Especially when travelling to Africa as a child, where he was introduced to Zulu drummers.



The drum was the first teacher in Pete's life in his childhood. This connection is the primary resource to his shamanic healing work



The importance of connection is crucial within shamanism and all aspects of healing. Without a precise and fluid bond authentic healing cannot occur.



Having practiced his entire life with mastery of the drum, he developed his skills as a professional percussionist travelling worldwide.



With years of experience refining his connection within rhythmic sound healing. He created Being in Beauty, focusing on personal awareness.



To support this awareness, he composes and produces his own music for both therapists and clients. He also creates music for personal request too.

## "The essential essence seeding our authentic spiritual growth."

Sandra Ingerman from the United States following extensive personal research and self-development created the soul retrieval training. It is considered one of the most sacred and potent practices within shamanic healing. Due to its powerful influence upon personal development, soul retrieval needs to be practiced with absolute precision and awareness. It therefore has to be taught over five days and no less.

Throughout the five days you will explore the essence of the soul and how this relates to our existence within our physical bodies and our spiritual evolution. It is this awareness that is the primary key unlocking the route to becoming successful within the practice of soul retrieval. It is therefore essential that when wishing to attend the training, you have an understanding of shamanic journeying.



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**“Without the sacred light, we cannot find ourselves in the darkness.”**

Upon the soul retrieval training, you will learn the shamanic view of illness. This is witnessed as power loss, or soul loss.

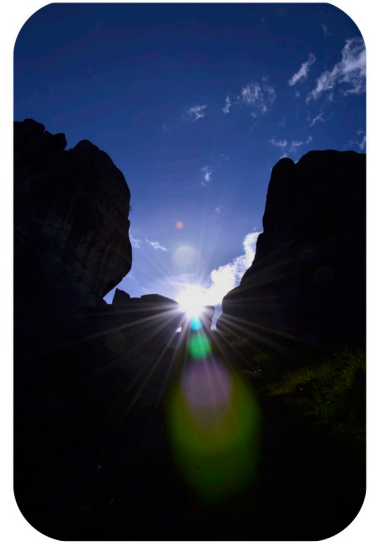
Throughout the training you will discover ways to live more harmoniously and navigate your emotions more consciously. This awareness is the key towards retrieving the sacred light within the darkness.

As you learn more about the shamanic perspective of illness, you naturally become more aware of your own behaviours. This practice immediately raises your consciousness towards a higher state. It is in this place that you are more responsive to the elements of what causes illness in the first place.

Many of us walk through our lives in the darkness and may find we become lost or stuck. This can often include repeating certain patterns of behaviour in our lives. This can result in the feeling of being stuck becoming stronger.

The beauty of the soul retrieval training is we learn how to observe our sacred selves in our lives. Through this observation we witness the elements of the higher consciousness and have the tools to invite this essence. It is this essence that enables the gift of transformation.

As we deepen our awareness we welcome the opportunity to become who we were meant to be through the eyes we were meant to see. A perfect harmony grows.



*Soul Retrieval is the true sun returning in your life. It is your birthright to shine your sacred light in the world.*

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**“Soul Retrieval is the core healing element within all shamanic work.”**



*Soul Retrieval is simply welcoming yourself home. Your heart is the open door and your life is the journey. May it be beautiful.*

Within shamanic healing unwanted blockages are being removed. This is of course crucial to our spiritual evolution and healing journey. Soul retrieval is the discovery of the authentic essence that heals those energetic blockages ensuring seeds of spiritual growth can be welcomed into our lives. It is this act, that supports the invitation into a sacred life and becoming the true self we were meant to be.

If we imagine ourselves as a container of energy, soul retrieval is returning the true authentic energy that was meant to exist in that container from the first day of its birth. It is your essence and your way home.

*“It is this awareness and shamanic practice that maintains the healing essence to integrate into ones life. Soul retrieval is the most authentic healing journey of the heart and soul. It is everything you are and was meant to be.”*

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“True authentic shamanic practice is recognizing what we do in this world, we do in the spirit world. We are a mirror reflecting sacred magic.”



There is a sacred reflection between our existence within this world and the spirit world. It is this awareness that maintains the precise focus towards receiving essential essence, which is willing to return at this precise time.

The discipline of soul retrieval is 'trust.' When we work from this place we navigate the shamanic state of consciousness with ease and precision. It is a discipline of direction.

This exceptional shamanic training will include all the necessary information required. Upon completion you will be expected to provide seven case studies, which will be reviewed. Following this process you will receive feedback and the opportunity to share any further information. Once you have achieved the required expectations, you will receive a certificate enabling you to practice. It is recommended you have specific insurance.

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*O2 Academy, London*



*"My beating heart mirrors my beating drum. Together we become one. It is this connection that supports everything I do within my shamanic practice"*



**"Pete Bengry has devoted his life to helping others heal on all levels, emotionally, physically and spirituality. He has such a wealth of information to share with his students. His passion for merging his extensive knowledge in shamanism within his music is possible as he is such an extraordinary musician. I highly recommend his workshops and his work as a shamanic practitioner."**

Sandra Ingerman, author of 10 books on shamanic healing including "Walking in Light: The everyday Empowerment of Shamanic Life."



**"The loose and rolling grooves produced by the wonderful percussionist Pete Bengry transported the collective psyche towards an altered state."**

**The Guardian Newspaper**

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Contact: [beinginbeauty@gmail.com](mailto:beinginbeauty@gmail.com)

Website: [www.beinginbeauty.com](http://www.beinginbeauty.com)

Mobile: +44 (0) 7947 343 639

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